

New Paltz Ski Camp 2019-2020

- When: January 24th-26th, leaving immediately after school on Friday the 24th.
- Where: Skiing will take place at the site of the 1980 Olympics, Mt. Van Hoevenberg as well as a possible night skiing session at Crandall Park in Glens Falls.
- Lodging: Lysek's Hillcrest Inn in Lake Placid, where we have stayed for over 10 years. Kid's sleep 6-8 per room in bunk beds. Boys and girls sleep on separate floors. Marilyn Lysek and her husband Richard prepare all the family style meals and include a box lunch for the trails.
- Why: The intensive training and world-class trails allow for tremendous improvement in a short time.
- Cost: \$170 includes lodging, 2 breakfasts, 2 lunches, 1 dinner, all trail fees, and a tee-shirt.
(\$50 of which is non-refundable...In the event that weather prevents us from going a non-refundable deposit has already been paid to Lysek's)
- Coaches: Ann Gregory, hopefully another coach,
- Itinerary: Jan 24th 2:30 We will board the bus after school and go directly to Crandall Park (Glenn's Falls to ski). Following this we will go to Panera for dinner (not included).
Arrive Lysek's Hillcrest Inn, Lake Placid. If there isn't snow at Glenn's Falls We often go to Placid and ski on the ice/lake.
- Jan 25th 9:00am Skiing at Mt. VanHovenberg Olympic Trails (practice then free ski)
3:30pm Return to Lysek's
6:00pm Time to tour Lake Placid...and buy Coach Ann Chocolate
9:30pm Curfew
- Jan 26th 9:00am Skiing at Mt. VanHovenberg Olympic Trails (long ski)
3:00pm Leave for Home maybe stopping in Glens Falls for dinner (not included)
7:30pm Approximate New Paltz arrival (we will call as we get closer)
- What to Bring: A checklist will follow
- Contact Info: Ann Gregory 845-679-8138 (H): I have a pre-paid phone I will have on the trip: 845-399-1265
Lysek's 518-523-1700

Athlete's Name _____ (please print)

My son/daughter, _____ has my permission to attend the 2018 New Paltz High School Ski Camp to be held in Lake Placid, NY from January 25th-27th, 2019. I understand this is not a school-sponsored trip

(parent's name- please print)

(parent's signature)

_____ My child has permission to ice skate on the Lake Placid Olympic Skating Oval _____
(parent's signature)